

<p><b>Kelsey School Division Box 4700 The Pas, MB R9A 1R4</b></p> <p><b>Phone: 623-6421</b></p>	<p><b>Code: BHS</b></p>
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**RISK MANAGEMENT FOR OUT-OF CLASS PHYSICAL ACTIVITY  
GRADES 9 TO 12 PHYSICAL EDUCATION/HEALTH EDUCATION**

The board recognizes the importance of risk management in promoting safe participation in physical activities. It also recognizes that the responsibility for the care and safety of students for the OUT-of-class delivery of Grades 9 to 12 Physical Education/Health Education (PE/HE) is shared by the home, school, and community.

For non-school-based activities, safety and risk are managed independently from the school by students, parents, community members, and/or community organizations.

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This policy recognizes the importance of risk management in reducing promoting safe participation in physical activity.

There is an inherent risk in all physical activities and thus the risk of injury to participants always exists. However, this risk is significantly reduced when participants are properly supervised and instructed, learn the necessary skills to participate safely and are well-informed about safety rules and routines.

BHS will promote safe participation in the OUT-of-class component of Grades 9-12 PE/He courses through a process that includes the following elements..

1. The school will form a Physical Activity Risk Management Committee (PARMC) to review protocol on an annual basis.
2. The PARMC will develop an eligible and ineligible activities list for participation in OUT-of-class activities and review it annually.
3. The PARMC will develop a repertoire of activity-specific safety checklists including those from the MECY Risk Management Handbook for OUT-of class activities, revising them and adding to them as is appropriate.
4. The school will inform parents of their responsibility to supervise the minor student participation in OUT-of-class activities.
5. Teachers will inform students of the importance of risk management for safe participation in OUT-of-class activities and instruct them on general risk management guidelines.
6. Teachers will supply students with a comprehensive list of eligible and ineligible activities for the OUT-of-class component as well as activity-specific safety checklists for all activities selected by the student. Any activities not included in the eligible activity list will need to be approved by the teacher in consultation with the school principal, Phys. Ed Department, and Superintendent.
7. Students will select activities for the OUT-of-class component and develop an activity plan that includes personal risk management measures.
8. Students are responsible for sharing specific safety information for selected activities with their parents.
9. Parents are responsible for formally accepting the responsibility to supervise the minor student OUT-of-class activities by signing the pre-sign-off form that is completed and also signed by the student.
10. Students are required to submit the pre-sign-off form to their teacher.

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11. When students participate in these activities, school division personnel will not inspect the facilities or equipment to be used by students for non-school-based physical activities, nor will school personnel be present or in any way involved in supervising students, nor will they be available to ensure students receive appropriate instruction.
12. Teachers will regularly monitor their students' progress during the OUT-of-class practicum.

### Risk Factor Rating Scale

RFR	Level of safety concerns; recommended instruction and supervision	Examples
1	There are few safety concerns for this physical activity; little or no qualifies instruction or adult supervision required.	Walking Stretching
2	There are some safety concerns for this physical activity; qualified instruction is recommended; little or no adult supervision is required.	Racquetball Ice skating
3	There are several safety concerns for this physical activity; Qualified instruction is required; adult supervision is recommended.	Snowboarding Field Hockey
4	There is a high level of safety concerns for this physical activity; Qualified instruction and adult supervision is required.	Swimming Karate